Slow Stichera

First Mode

Verse #1

`Εξάγαγε ἐκ φυλακῆς

Bring my soul out of prison that I may confess

Thy Name.

Stichera #1

Τάς ἐσπερινάς

Accept our evening prayers, O holy Lord, and grant us the remission of sins; for Thou art alone, He Who hath shown forth the Resurrection unto
The righteous shall wait patiently for me until Thou shalt reward me.

Stichera #2

Encircle Sion, O ye peoples,

and encompass her, and give glory there-in to Him that is arisen from the dead; for He is

Verse #2

'Eme upomenoosi

The righteous shall wait patiently for me until Thou shalt reward me.
our God Who hath delivered us from our iniquities.

Verse #3

'Ex βαθέων

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Stichera #3

Δεύτε λαοί

Come, O ye peoples, let us praise and worship Christ, glorifying His Resurrection from the dead;
for He is our God Who hath delivered the world from the error of the enemy.

Verse #4

Γενήθητο τά ὁπα σου

Let Thine ears be attentive to the voice of my supplication.

Stichera #4

Εὐφράνθητε οὐρανοί

Re-joice, O ye heavens; sound the trum-pets, ye found-
da-
tions of the earth; cry out with gladness,
VERSE #5

Ε𬨎 χνομίας

If Thou should-est mark in-qi-ui-ties, O Lord, O Lord, who shall stand?

For with Thee there is for-give-ness.
First Mode - Slow Stichera

Stichera #5

Let us praise Him Who willingly was crucified in the flesh for us,

Who did suffer and was buried and hath arisen

from the dead, and let us say:

Stablish Thy Church in Orthodoxy, O Christ,

and make our life peaceful, since Thou art good

and the Friend of man.
Verse #6

"Ενεκεν τοῦ ὄνοματός σου

For Thy Name's sake have I patiently waited

for Thee, O Lord; my soul hath waited patiently for Thy word,

my soul hath hoped in the Lord.

Stichera #6

Τῷ ζωοδόχῳ σου τάφῳ

As we unworthy ones stand before Thy life-giving

ing grave, glorification do we offer to Thine ineffable compassion, O Christ our God;

www.stanthonsmonastery.org/music/Vespers.htm
for the Cross and death hast Thou accepted, O Sinless One,

that Thou mightest grant the Resurrection unto the world,

since Thou art the Friend of man.

Verse #7

'Απο φυλακής πρώτας

From the morning watch until night, from the morning watch

let Israel hope in the Lord.

Stichera #7

Τὸν τῷ Πατρὶ συνάναρχον

Let us praise the Word Who, with the Father, is co-beginning-
less and co-e-ter-nal, and Who in-eff-a-bly

hath come forth from the vir-gin-al_womb, and hath ac-cept-ed the

Cross_and_death for us_will-ing-ly, and hath a-ris-en

en in glo - ry; and let us say un-to Him:

O life-giv-ing_Lord, glo-ry be to_Thee, the Sav-iour of_our_souls.
For with the Lord there is mercy, and with Him is plentiful redemption; and He shall redeem Israel out of all his iniquities.

O praise the Lord, all ye nations; praise Him, all ye peoples.

For He hath made His mercy to prevail over us, and the truth of the Lord abideth for ever.